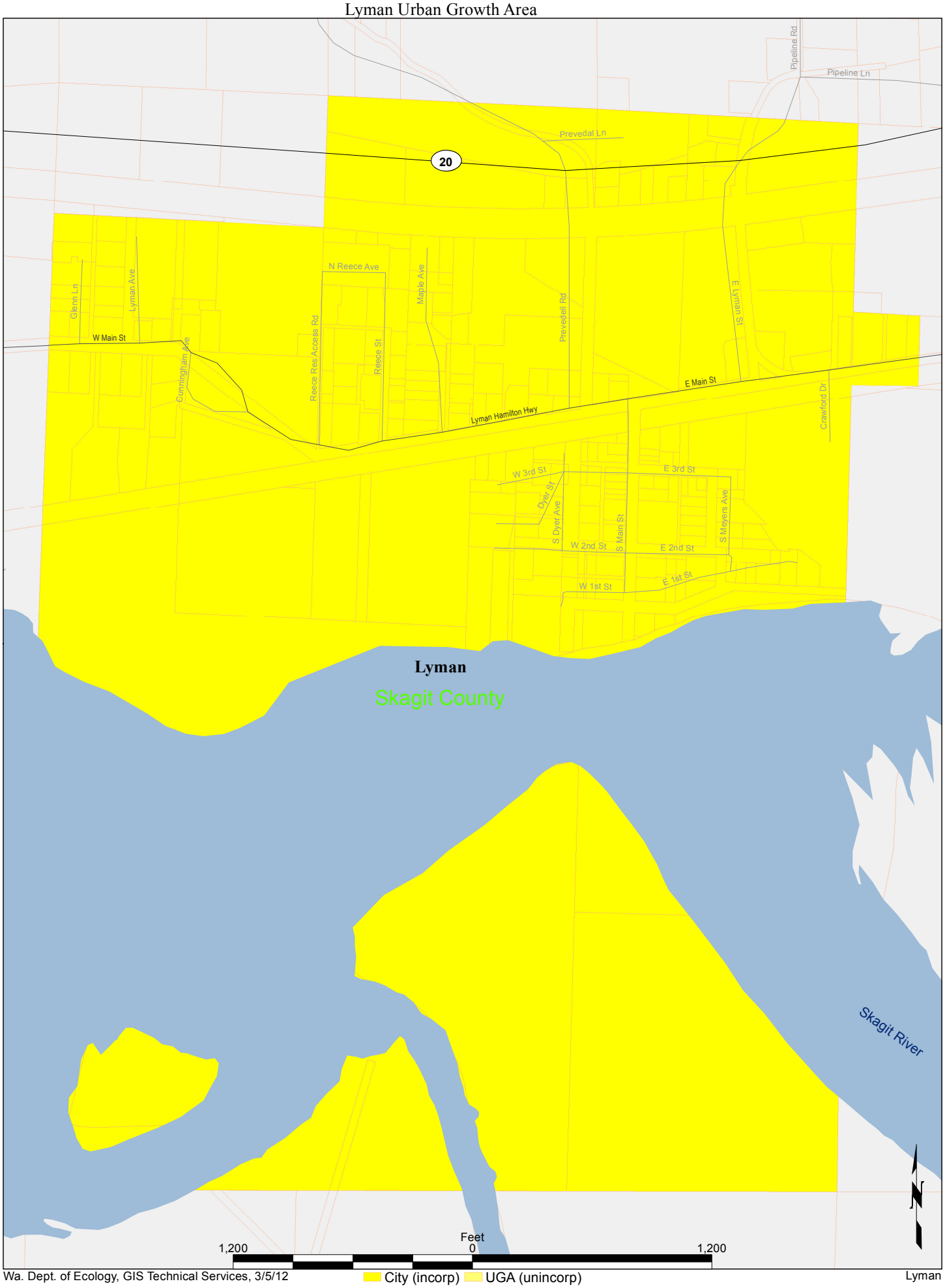Lyman Urban Growth Area