

**From:** [Dave Nellis](#)  
**To:** [ECY RE Fish Consumption](#)  
**Subject:** Please.....less toxins in fish is a great start!!  
**Date:** Wednesday, December 14, 2011 8:56:31 PM

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Dear Director Sturdevant and staff,

Washington currently uses inadequate fish consumption rates for water and sediment cleanup standards. The standards should be conservative enough to protect the higher fish consumers such as tribes and subsistence fishers.

It make me profoundly sad that i need to deny myself and my family the benefits of fish. Low fat high protein, omega 3 etc taste etc.....because we have made its flesh so toxic to us we are told to "not eat" certain types and quantities!!!!!!!!!!!!

WE would definitely eat more if i was not so fearful of PCB, Hg etc. in fish meat causing birth defects, CNS dmage etc.

ECO-malady if u ask me!

Please increase the rates to more accurate numbers.

Thank you.

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xx  
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