

From: [Sheila Furlong](#)
To: [ECY RE Fish Consumption](#)
Subject: Public comment on rate of consumption
Date: Sunday, November 27, 2011 5:35:13 PM

Hello,

As more and more people try to cut back on red meat and eat more fish, it's obvious from several sources that consumption rates are higher.

1. Check the ads for grocery stores, including the "box" stores. Not only are the number of seafood ads triple what they used to be, all are showing at least a few local choices.
2. Restaurants have more local seafood on their menus.
3. Even hospitals and other venues (fairs and sporting events too) that didn't try to provide a range of choices now have seafood entrees.
4. People who are transitioning from meat to vegetarian quite frequently still eat a little fish to provide the nutrients they lack.

Using myself and friends and family as examples, we went from 2 times a week 10 years ago, to 5-7 times a week currently. Some of it in the form of canned tuna at lunch, or tuna noodle casserole at dinner. Mostly we choose halibut and wild salmon, and some shrimp. We want to choose locally caught seafood whenever possible for lots of reasons. It's critically important that we improve and sustain clean, safe waters to keep our food safe as well.

The days of being able to hide the pollution, toxic chemicals and disregard for the public is at an end. Awareness is rapidly spurring people to use every available source to find out the information that too many companies have tried to hide in the name of profit. Hopefully more people in charge of a company's direction will think long term, beyond the next quarters' earnings, and demonstrate the leadership we expect of them, and do the right thing.

Respectfully,
Sheila Furlong