

From: [Karina Champion](#)
To: [ECY RE Fish Consumption](#)
Subject: Planning a pregnancy: I support increased fish consumption rate numbers
Date: Wednesday, December 14, 2011 9:55:43 PM

Dear Director Sturdevant and staff,

Dear Ted Sturdevant,

As a science teacher and a woman planning a pregnancy I know how important fish are to our environment and my growing fetus. It saddens me when I look at the suggested limits for fish intake for expectant mothers because not only will my baby be missing out on some important nutrients as they develop, but they could be missing out on enjoying the diverse ecosystems of Washington state that I enjoyed as a child. Already I know they will miss out on the turtles and the elk that use to frequent our family farm. I want to do everything I can to ensure they won't miss out on the joy of catching and eating fish from our local rivers.

Washington currently uses inadequate fish consumption rates for water and sediment cleanup standards. The standards should be conservative enough to protect the higher fish consumers such as tribes and subsistence fishers.

Please increase the rates to more accurate numbers.

Thank you,

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