

From: [Pam Gray](#)
To: [ECY RE Fish Consumption](#)
Subject: I support increased fish consumption rate numbers
Date: Wednesday, December 14, 2011 9:42:44 PM

Dear Director Sturdevant and staff,

Washington currently uses inadequate fish consumption rates for water and sediment cleanup standards. The standards should be conservative enough to protect the higher fish consumers such as tribes and subsistence fishers, not to mention people like me, diabetics and heart patients that are trying to replace saturated fats in our protein sources with "healthy" seafood. At this time, I won't eat salmon caught locally, but I buy every Alaskan salmon I can afford. I rarely eat local crabs any more, and never bivalves, although I once relished them, worrying over what they have "cleaned" out of our polluted waters. It's absurd to live in Washington state and be afraid to eat the seafood from here! Clean it up! I bet you would think twice about eating anything caught near Lacey.

With poverty haunting this state, and people resorting to the sea as a source of protein, this situation is becoming even more of a scandal, or is the health of poor folk and indigenous people, who rely on marine foods, not to be considered?

Please increase the rates to more accurate numbers.

Thank you.

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